



Prayer Space Themed Activities

Theme: Adventures

Suggested 'Adventures' themed activities

Activities adapted from Abingdon Team

Set 1- Trust and Acceptance:

1) Trust – Trust in uncertainty

(Backdrop: Blue fabric, mountain range, pictures of climbers, climbing rope) (Prop to hold: Carabiner)

When you're climbing a mountain you are attached to a rope and you have to really trust your fellow climbers and the people holding the rope for you. In the Bible, Abraham trusted God when he was worried about the future. Sometimes, he wondered if it would ever happen.

Close your eyes and think: Is there anything you are worried about? Is there anything in the future you feel uncertain about? Is there something you hope for?

Open your eyes! Take a cut-out person. Write your hopes or fears on the person and then attach it to the other climbers as they journey up the mountain. You could reflect on or pray for courage. (F: Facial expressions)

2) Trust – Trusting others

(Backdrop: Large 3D Lighthouse with sea background and a boat) (Prop to wear: Lifejackets)

There are people in our lives that can help us by guiding us- they might show us a good way to go or say something helpful. Sometimes, just having them listen to us talking can help.

Write names of someone you trust on the silver paper and stick them by the lighthouse to create the light beam, as a chance to think or pray for them. (F: Help them write)

3) Acceptance – Accepting yourself

(Backdrop: Gazebo with camouflage netting sides and painted jungle backdrop (Prop to hold: Compass)

Each one of us is special and unique...there is no one else exactly like you in your class, your school, your town or the whole world!

Use a pipe cleaner to make an insect that represents you. Add it to the canopy next to all the other insects. Remember how unique you are and how valuable you are.

4) Acceptance – Accepting Others

(Backdrop: Sandy desert with nomadic tent and globe) (Prop to wear: Sunglasses)

How are people around the world different or similar to us?

People who live in a desert have quite different homes to ours. We could speak different languages, live in different homes or believe different things. Every person is precious and special to God. Christians believe that God wants us to show His love to people, whether they are similar or different to us, whether they are far away or living next door to us.

Think of somewhere around the world where there are people different from you or somewhere where there is fighting because of people's differences. Write a thought or a prayer for those people on a flower and add

it to the cactus. (F: Draw a different person or a love heart)

Set 2- Honesty, Love, Cooperation and Encouragement:

1) Mountains (Honesty)

What does it mean to be honest?

Do you find it easy to say sorry when you've done something wrong?

Being honest can feel like we're struggling to climb up a mountain. But what a great feeling when we reach the top! Christians believe that God forgives us when we're honest with Him and say sorry, no matter what we've done. This repairs our friendship with people and with God.

Write the word 'sorry' on an icicle, thinking of something you're sorry for. Dip it in the water and see what happens. It's a bit like how it feels when someone forgives us...it is wiped clean, repairing the friendship and giving us a fresh, clean start.

2) Space (Love)

What does the Earth look like from Space?

What is similar or different about countries around the world?

Some people have lots of money; others don't have very much. Some people live in nice homes; others live on the streets. Some people live peacefully and others are surrounded by war and fighting. It can be easy to show love to our friends and family. How do we show love to people around the world that are suffering and finding life hard?

Take a heart sticker and stick it around the outside of the world as you think about or pray for people who are suffering, asking God to help.

3) Jungle (Cooperation)

In the jungle, there are millions of different species of insects, reptiles, mammals and birds. Some of them, like ants, work together and cooperate so that they can do things like build homes or collect food. Cooperation means that we listen, help, take turns, share and respect each other.

What do you find hard about working with other people at school?

Write what you find hard on a leaf and add it to the tree as a way of asking for help to be better at it. You could think, or pray, about the little steps you could take to improve in this area.

4) Sea (Encouragement)

What does a lighthouse do?

A lighthouse encourages the captain to steer his ship in the right way when it is dark and he can't see where it is safe to go. Christians believe that God guides them, giving them encouragement and strength to keep going when things are hard and He wants people to support each other too.

Take a silver circle. Write the names of people who encourage and support you on it. Stick it to the sky to make beams of light from the lighthouse. As you do say, say thank you for them, as a prayer or a thought. Perhaps you can think of someone that you could encourage.