
Looking Back

Think back over the last term or the last holiday...

Can you think of something good that happened or something you enjoyed that you could say thank you for?

Has someone said something kind to you or helped you to do something?

Write or draw a thank you prayer or thought on a piece of bunting, hang it up on the string and give thanks for it.

Looking Back

Take a moment to think about yesterday, last week, last month, maybe even last year...

Is there something that you are sorry about?

Is there someone who's upset you that you need to forgive?

Christians believe that because God forgives them, it helps them to forgive other people.

If you would like to, pick up a tablet, think about someone that you would like to forgive or ask forgiveness from, and drop the tablet in the water.

As the tablet fizzes and dissolves, think about letting go of the feelings you have towards that person and try to forgive them or accept their forgiveness.

Looking Forwards

Christians believe that God is with us in the happy and the sad times. Think about something you know is going to happen soon. It could be something exciting or something that you're a bit worried about.

Write or draw a please prayer or thought about it on a paper bubble and stick it to the board.

If it's sunny, blow some bubbles outside as you think about or say your please prayer or reflective thought.

Looking In

Look at the reflection in the mirror or CDs...

What do you see? Are you tall or short? What colour is your hair? Do you look pleased or upset? What does God see when He looks at you?

Read some of the words on the mirrors written about who you are. You are unique, there is no one else like you and that's the way it's supposed to be, it's a good thing.

Take a look at your finger, can you see your fingerprint? Make a fingerprint with the ink on the giant hand, as a symbol that you are special, just like your fingerprint.

Looking Around

There are lots of people in our lives. Christians believe that God wants people to look after each other. We can do that by looking out for our friends and those in need.

Think of a friend to pray for or think about. Choose a star or smiley bead and thread it onto your string as you say a prayer or think about that person. Then do the same for someone in your family, a country and someone who's poorly or upset. Lastly, take a cross bead and thread it on, remembering that Jesus cares about all the people we care about.

Carry this string with you, to help you to remember to pray or consider others.

Looking Up

Lie under the netting and look up...

What do you see?

What can you hear?

Listen to some descriptions of God from the Bible.

Is there a description that stands out to you?

Write or draw the description that means something to you on a leaf and hang this on the netting. Pray or reflect on this for a moment.

Looking Further

What are your BIG dreams?

What would you like to do with your life?

What would you like to achieve?

Where would you like to go?

Sometimes, it's hard to dream BIG because we feel small and unimportant. But, BIG dreams can change the world. Christians believe that God has asked them to make the world a better place in different ways, with His help.

If you want to, you can write or draw a BIG dream onto a cloud-shape and stick it onto the large cloud with everyone else's.