

## Remembrance prayer & reflection space activities

During your time within the Prayer and Reflection Space the chances are that you will, at some point, have to explain one or more of the prayer and reflection activities. At each activity, there will be a short instruction card which explains the purpose of the activity. The text for these instruction cards has been included below so that you will have an idea of the different activities before you arrive. Please do not feel that you have to learn these, though!

During each session, you will be stationed at a particular prayer and reflection zone. As each group is directed towards you by the Prayer and Reflection Space leader, you will need to welcome them (ask their names) and encourage them to explore the activity. Depending on the age and ability of the students you may need to explain the activity to them again or help them by scribing their response to an activity. We would always encourage the Prayer and Reflection Space volunteers to interact with students as much as they think is necessary. Some students may want to quietly explore the activity by themselves, whilst others may be happy to just chat with you for the whole time, it is important that they are made to feel welcome in doing either. When talking with the students please use the language '*Many Christians believe...*' or '*As a Christian I believe...*'. **Do not** pray with individual students or do any kind of corporate group prayer.

### 1) Prayers for Peace

Doves are a traditional sign of peace, a symbol of harmony after fighting or disagreement.

Think about all the places that need peace in our world. This might be places where there's war but also where friends or groups that argue, where people don't have freedom and situations that are stressful.

**Write the situation as a prayer on a dove and stick it around the map, asking God to make peace in that place and in our world.**

### 2) Giving Thanks

We are all connected with people who support us.

Who is in your chain of friends and family?

Do you know of someone who feels lonely?

**Fold the piece of paper like a fan. Draw a person with their hands touching the sides of the folded paper. Cut it out to give a chain of people holding hands. Write names on them and hang this up on the string. Be thankful for the chain of people that support you. Perhaps you could pray for someone who you know feels lonely.**

### 3) Happy Memories

What makes you happy? Do smells or colours help you remember happy things? There are people, times, places and memories that we can enjoy and be thankful for.

**Add your happy memories and thoughts to the table, to celebrate and remember these.**

### 4) Peace Is ...

Peace is...

I feel peaceful when...

I wish there was more peace in...

Peace is important because...

**Add your thoughts and prayers to the table, to share these with other people. You can use the sentences above to help you.**

### 5) Remembrance

Who do you look up to?

We all have people who have made a big impact on us. They might be people who have died or people who have moved away so that we don't see them very often.

This could be people we respect and admire from afar.

**Write their name and a message on a poppy. Stick it onto a stalk and add it to the plant pot. Reflect on or give God thanks for their influence on you and the difference they've made to your life.**