

BeFamily

BeSpace activities to bring a sense of family and community to your life...

*Christians believe that we are called to belong to family. Our families come in all different shapes and sizes...
...but the Christian family is not just our related family, but all of the Christians around the world.*

1. Family hearts



We all belong to a family. Simply put, our family are the people who care and love us and look after us every day of the week. All families are different and enjoy doing different things together, have different rules and expectations etc... But the main ingredient they all have is love. Sometimes we don't always get on with each other, but hopefully we find ways to make things better.

If you would like to, draw and colour a heart for the people in your family and write their name on it. When you have done this, pick up the heart and hold it. As you hold it can you say a prayer of thanks for that person, a prayer of forgiveness, or ask God to help you to get on a little bit better? If you don't want to pray, why not just think about your family, be thankful for their care and reflect on how to get on better.

2. Lego People

Do you have any Lego people at home? Can you find as many as you can? Christians believe that they can pray for all sorts of people they know and don't know.



Put your Lego figures in a box or bag so that you can't see them, (like a lucky dip!) or just close your eyes. Pick out a Lego figure. If you pick up a girl pray for a girl you know, if it's a boy, pray for a boy you know, if it's a figure who has a particular job e.g. a construction worker or an artist, pray for people doing that job etc... If you pick up a figure with an angry expression, pray for people who are angry and need peace. If you pick out a superhero, pray for a person who you look up to. If you pick a baddy, can you pray for someone you don't like or who has hurt you? Is that easy or hard? Use your imagination to think of other ways to pray!

3. Pipe cleaner

If you have a pipe cleaner at home can you make something with it that makes you happy? Can you think of anyone who is unhappy at the moment? Christians believe that they are to pray and help people who are sad. Can you pray or say a hope for the person you have thought of? Is there anything that you can do to help them at this time?



4. Buttons

Buttons come in all shapes, colours and sizes just like people. Can you find some spare buttons to represent the people you love? If you don't have buttons at home can you design some on paper and colour them in? For each button that you choose, reflect about or pray about that person.

Can you say "thank you" to them for looking after you, or do something nice for them to show them that you care about them? For example, you could draw them a picture, make a cup of tea, or read them a story.





BeFamily

**“Be completely
humble and gentle; be
patient, bearing with
one another in love.”**

Ephesians 4:2-3 (NIV)



Print and cut
out your
BeFamily Card
to take away...