

## Classroom Prayer & Reflection Activities

### Remembrance & Thanksgiving

#### 1. Remembrance Poppies

We all have people who have made a big impact on us. They might be people who have died or people who have moved away so that we don't see them very often.

This could be people we respect and admire from afar.

Or people we don't actually know but who we still admire for what they do (E.g. people in the armed forces or emergency services).

***Write their name and a message on a poppy. Stick it onto a stalk and add it to the plant pot. You might want to reflect on or give God thanks for their influence on you and the difference they've made to your life.***

#### 2. Peace doves

Doves are a traditional sign of peace, a symbol of harmony after fighting or disagreement.

Think about all the places that need peace in our world. This might be places where there's war but also where friends or groups that argue, where people don't have freedom and situations that are stressful.

***Think about a place in our world where peace would be helpful. Write or draw about the situation onto a dove, as a prayer or reflection. You might want to ask God to make peace in that place and in our world. (If you have a world map, you could add the doves to that).***

#### 3. Paperchain people (Thank you)

We are all connected with people who support us.

Who is in your chain of friends and family?

Do you know of someone who feels lonely?

**Fold the piece of paper like a fan. Draw a person with their hands touching the sides of the folded paper. Cut it out to give a chain of people holding hands. Write names on them and hang this up on the string. Be thankful for the chain of people that support you. Perhaps you could pray for someone who you know feels lonely.**

#### 4. Autumn leaves

As the seasons change, the trees change. Leaves change colour and eventually they fall to the ground. In the Spring, trees use the leaves that have become part of the soil to help them grow.

People go through seasons too. Some things come to an end, and others begin, but the change can be difficult.

Christians find comfort in knowing that God is always loving and always with them present, giving them strength in all seasons.

**What's changing for you? School? A friendship? Family? Is there something that you want to change and make better?**

**If you would like to, you can write or draw something about what's changing onto an Autumn leaf and add it to the tree as a thought or a prayer.**

## 5. Healing prayers

As we are thankful for all that we have in our lives, our thoughts and prayers can turn to others who are going through difficult times at the moment. You might want to think now of someone you know who is sick, ill or grieving.

Christians believe that God is with us when we're unwell, upset or grieving.

***Write the name or draw a picture of someone you know who is not well or struggling at the moment onto an plaster. You might want to say a prayer or wish for them to get better.***